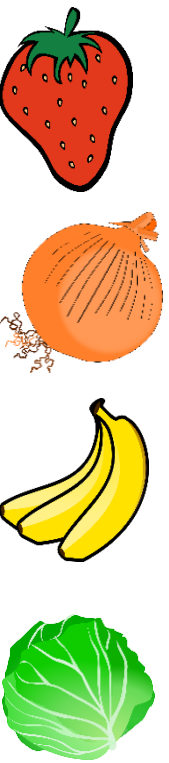




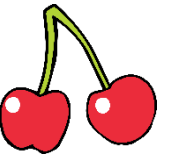
Monday	Tuesday	Wednesday	Thursday	Friday
Cheese & Tomato pizza (2,4,7)	Chicken Burger (2,14) Mac & Cheese (2,7)	Mince and Potato Pie (2,7) Quorn Mince and Potato Pie (2,4,7)	Pork Sausage (4,7) Vegetarian Sausage (4,7)	Fish Fingers (2,5) Fishless Finger (2)
Baked Beans	Mixed Salad Sweetcorn	Carrots & Cauliflower	Seasonal Vegetables	Mushy Peas or Garden peas
Wedges	Pasta (2) Garlic Bread (2,4,7)	Roast Potato	Yorkshire pudding (2,4,7) Mash Potato	Chips Bread & Butter (2,7)
Iced Sprinkled Vanilla Sponge & Custard (2,4,7)	Mixed Iced Muffin (2,4,7)	Chocolate Sponge & Custard (2,4,7)	Chocolate cherry cookie (2,4,7,14)	Flapjack and Custard (2,7)



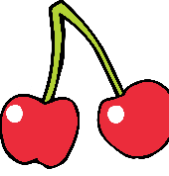
Assorted sandwiches and jacket potatoes served with unlimited vegetables or salad to accompany the meals- freshly prepared salad bar & Bread daily (2,4,5,7,13) Yoghurt (7) and fruit are available daily as a choice of dessert. Fresh water & Milk (7)
GLUTEN FREE OPTIONS AVAILABLE DAILY



1 Celery	2 Cereals Containing Gluten	3 Crustaceans (such as prawns, crabs & lobsters)	4 Eggs
5 Fish	6 Lupin	7 Milk	8 Molluscs
9 Mustard	10 Nuts	11 Peanuts	12 Sesame Seeds
13 Soya		14 Sulphur Dioxide and Sulphites	



Menu week 1 Marshland





Monday	Tuesday	Wednesday	Thursday	Friday
Cheese & Tomato pizza (2,4,7)	Mince pasta bake in tomato and basil sauce Quorn Mince pasta bake (4,7)	Turkey Dinner Quorn Roast (4,7)	English breakfast (2,4,7) Vegetarian breakfast (2,4,7)	Fish Fingers (2,5) Fishless Finger (2)
Baked Beans	Mushroom, Onions, Peppers, Grated Carrot, Sweetcorn	Cauliflower & Broccoli	Beans & tomatoes	Mushy peas or Garden Peas
Waffle Fries	Pasta (2) Garlic bread (2,7)	Yorkshire Pudding (2,4,7) Roast Potatoes	Bread & butter	Chips Bread & Butter (2,7)
Syrup Sponge & Custard (2,4,7)	Chocolate mixed muffin (2,4,7)	Chocolate crunch & custard (2,7)	Rice pudding & Jam (2,7)	Marble Sponge & custard (2,4,7)

Assorted sandwiches and jacket potatoes served with unlimited vegetables or salad to accompany the meals- freshly prepared salad bar & Bread daily (2,4,5,7,13) Yoghurt (7) and fruit are available daily as a choice of dessert. Fresh water & Milk (7)

GLUTEN FREE OPTIONS AVAILABLE DAILY

1 Celery	2 Cereals Containing Gluten	3 Crustaceans (such as prawns, crabs & lobsters)	4 Eggs
5 Fish	6 Lupin	7 Milk	8 Molluscs
9 Mustard	10 Nuts	11 Peanuts	12 Sesame Seeds
13 Soya		14 Sulphur Dioxide and Sulphites	

Menu week 2 Marshland

